

Florida's warm, humid climate is ideal for growing pests and fungal diseases. These vegetable varieties have natural or bred resilience to the most common garden challenges in Florida. Much of this list comes directly from The University of Florida's Institute of Food and Agriculture Science (IFAS) recommendations. We recommend you contact them for information specific to your county's growing conditions.

http://edis.ifas.ufl.edu/topic_hs_minor_vegetables

Note: Though we cannot guarantee satisfaction, we believe the sources listed below to be reliable. If you have any comments regarding personal experience with these companies, please email us at gginfo@windstream.net

Beans, Bush

Snap: Bush Blue Lake, Contender, Roma II, Provider, Cherokee Wax

Source: [The Cook's Garden](#)

Shell: Horticultural, Pinto, Red Kidney, Black Bean, Navy

Beans, Pole

McCaslan, Kentucky Wonder, Blue Lake

Source: [Henry Fields](#)

Beans, Lima

Fordhook 242, Henderson, Jackson Wonder, Dixie (Speckled) Butterpea, Early Thorogreen

Source: [Southern Exposure Seed Exchange](#)

Beets

Tall Top, Early Wonder, Detroit Dark Red, Cylindra, Red Ace, Yellow Detroit

[American Meadows](#)

Broccoli

Early Green, Early Dividend, Green Sprouting/Calabrese, Waltham, Packman, De Cicco, Broccoli Raab (Rapini)

[Wood Prairie Farm](#)

Cabbage

Rio Verde, Flat Dutch, Round Dutch, Wakefield types, Copenhagen Market, Savoy, Red Acre

[Next Harvest](#)

Cantaloupes and Honeydews

Athena, Ambrosia, Galia (green flesh)

[Henry Fields](#)

Carrots

Imperator, Nantes, Danvers, Chantenay

[Seeds of Change](#)

Cauliflower

Snowball Strains, Snow Crown, Brocoverde

[Millington Seeds](#)

Celery We don't recommend celery for Florida gardeners. Try Utah Strains for limited success. The herb, Celery Leaf, is a good alternative.

[Next Harvest](#)

Chinese Cabbage

Michihili, Bok Choy, Napa, Baby Bok Choy, Pak-choi, Joi Choi

[Sustainable Seed Co](#)

Collards

Georgia, Georgia Southern, Top Bunch, Vates

[Seeds of Change](#)

Corn, sweet

Silver Queen (white), How Sweet It Is (white), Sweet Ice (white), Sweet Riser (yellow), Early Sunglow (yellow)

[Southern Exposure Seed Exchange](#)

Cucumbers

Slicers: Sweet Success, Poinsett, Ashley, MarketMore 76, Straight Eight, Space Master

[Henry Fields](#)

Picklers: Liberty Hybrid, Eureka, Boston Pickling

[Reimer Seeds](#)

Eggplant

Black Beauty, Dusky, Long, Ichiban, Cloud Nine (white)

[Millington Seeds](#)

Endive/Escarole

Endive: Green Curled Ruffec

Escarole: Batavian Broadleaf

[Jung Seeds](#)

Kale

Vates Dwarf Blue Curled, Tuscan, Winterbor, Redbor

[Southern Exposure Seed Exchange](#)

Kohlrabi

Early White Vienyna, Purple Vienna

[Henry Fields](#)

Lettuce

Crisphead: Great Lakes

Butterhead: Ermosa, Bibb, Tom Thumb, Buttercrunch,

Loose Leaf: Simpson types, Salad Bowl, Red Sails, New Red Fire

Oak Leaf: Salad Bowl, Royal Oak

Romaine: Parris Island Cos, Outredgeous

[Sustainable Seed Company](#)

Mustard

Southern Giant Curled, Florida Broad Leaf, Tendergreen, Giant Red, Green Wave, Mizuna

[Reimer Seeds](#)

Okra

Clemson Spineless, Emerald, Annie Oakley II, Cajun Delight

[Reimer Seeds](#)

Onions

Bulbing: Granex (yellow)

Bunching (Green): Evergreen Bunching, White Lisbon Bunching

[The Onion Shed](#)

Leeks American Flag

[Reimer Seeds](#)

Peas English or Snow

Wando, Green Arrow, Sugar Snap, Oregon Sugarpod II

[Victory Seeds](#)

Peas, Southern (Field Peas, Cow Peas, Crowder Peas, Cream Peas)

California Blackeye No.5, Pinkeye Purple Hull, Texas Cream

[Victory Seeds](#)

Peppers

Bell: California Wonder, Red Knight, Big Bertha

[Local Harvest](#)

Other Sweet: Sweet Banana, Giant Marconi, Mariachi, Cubanelle

[Victory Seeds](#)

Jalapeno: Early Jalapeno, Jalapeno M

Specialty Hot: Cherry Bomb, Hungarian Hot Wax, Big Chile II, Numex, Ancho, Thai, Anaheim Chile, Long Cayenne, Habanero, Caribbean Red Habanero

[Sustainable Seed Company](#)

Potato

Red Pontiac, Yukon Gold, Gold Rush

[Ed Hume Seeds](#)

Potatoes, Sweet

Centennial, Beauregard, Vardaman

[Henry Fields](#)

Pumpkin

Big Max, Connecticut Field, Prizewinner, Jack Be Little, Jack O Lantern

[Sustainable Seed Co](#)

Radish

Cherry Belle, White Icicle, Sparkler, Champion, Daikon

[Millington Seed Co.](#)

Spinach

Melody, Bloomsdale Longstanding, Tyee, Space

[Reimer Seeds](#)

Squash

Summer: Early Prolific Straightneck, Summer Crookneck, Early White Scallop

[Southern Exposure Seed Exchange](#)

Winter: Spaghetti, Table King, Table Queen & Table Ace (Acorn), Waltham, Early Butternut (Butternut)

[Wood Prairie Farm](#)

Zucchini: Cocozelle, Spineless Beauty, Black Beauty

[Seeds of Change](#)

Strawberry

Chandler, Oso Grande, Sweet Charlie, Selva, Camarosa, Festival

[Mountain Valley Growers](#)

Swiss Chard

Bright Lights, Bright Yellow, Fordhook Giant, Lucullus, Red Ruby

[Seeds of Change](#)

Tomatoes

Large Fruit: Celebrity, Heat Wave II, Better Boy, Beefmaster, BHN444-Southern Star*, Amelia*, BHN 640*

Small Fruit: Sweet 100, Juliet, Red Grape, Sun Gold, Sugar Snack, Sweet Baby Girl

Heirloom: Green Zebra, Cherokee Purple, Eva Purple Ball, Brandywine, Mortgage Lifter, Delicious

*Resistant to TSWV (Tomato Spotted Wilt Virus)

[Totally Tomatoes](#)

Turnips

Roots: Purple Top White Globe

Roots and Greens: Purple Top

Greens: Seven Top, Shogoin

[Henry Fields](#)

Watermelon

Large: Jubilee (aka FL Giant), Crimson Sgweet, Charleston Grey 133

Small: Sugar Baby, Mickeylee

Are you a beginning gardener? Want to grow vegetables in containers? Buy my book!

<http://www.gourmetgardener.com>"Container Gardening for Health"

Information Sources:

1. Document SP103 Horticultural Sciences Department, Florida Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. Original publication date, December 1991. Revised March 1994. Reviewed May 2003. Revised February 2009. Visit the EDIS Web site at <http://edis.ifas.ufl.edu>.

2. J.M. Stephens, professor emeritus, Horticultural Sciences Department; Sydney Park Brown, extension associate professor, Environmental Horticulture Department, and consumer horticulture specialist, Gulf Coast Research and Education Center--Plant City, FL; Danielle Treadwell, assistant professor, Horticultural Sciences Department, and organic farming specialist; Susan Webb, associate professor, Entomology and Nematology Department; Amanda Gevens, assistant professor, Plant Pathology Department; R.A. Dunn, retired professor, Entomology and Nematology Department; G. Kidder, retired professor, Soil Science Department; D. Short, retired professor, Entomology and Nematology Department; G.W. Simone, retired professor, Plant Pathology Department, Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida, Gainesville FL 32611.